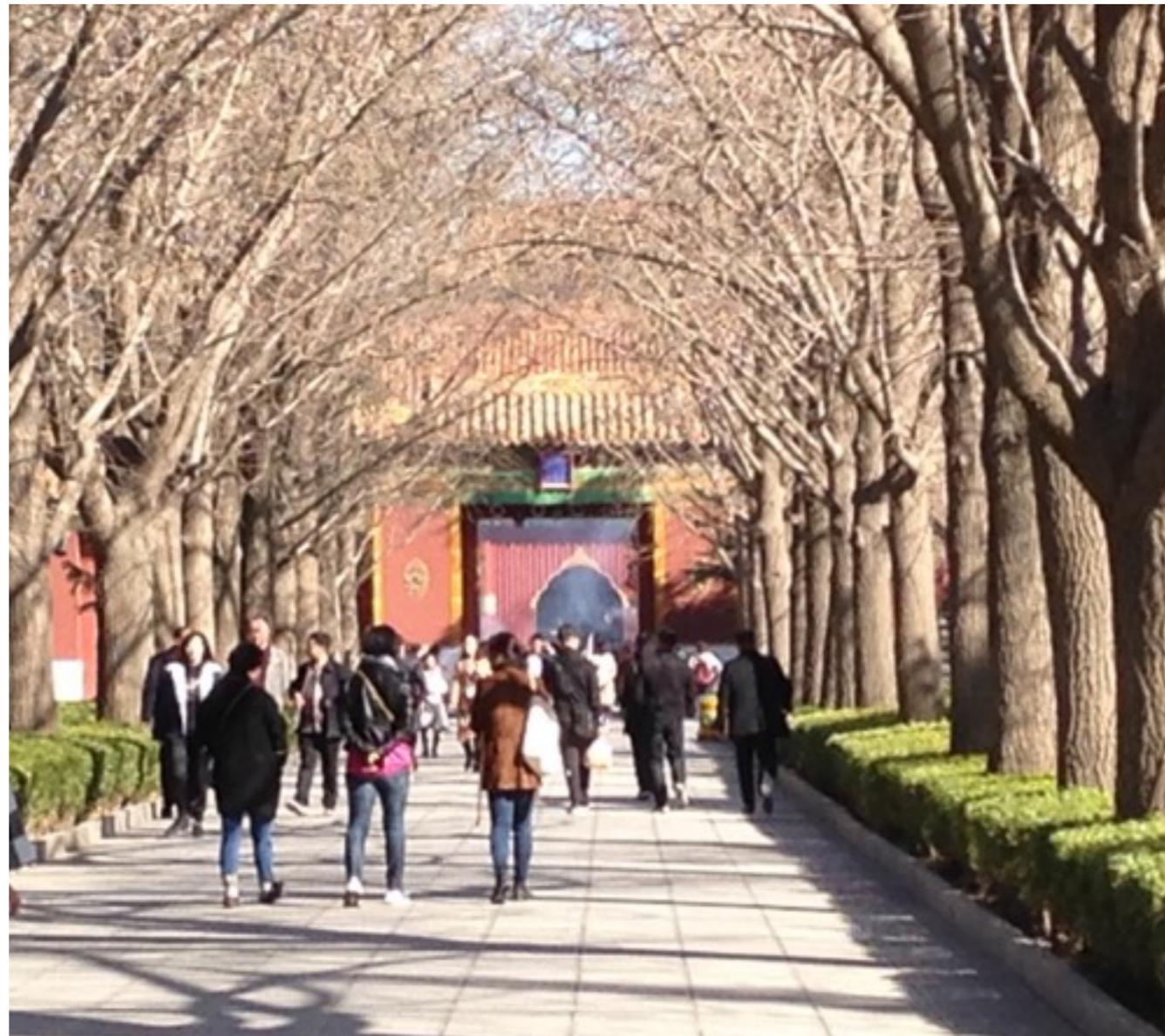

Religions

BY: RYLEIGH RYAN



RELIGIONS ARE DAOISM, BUDDHISM, AND CONFUCIUS

Buddhism

Facts

There are many philosophies and interpretations within Buddhism, making it a tolerant and evolving religion. Some scholars don't recognize Buddhism as an organized religion, but rather, a "way of life" or a "spiritual tradition." Buddhism encourages its people to avoid self-indulgence but also self-denial.

Buddha's most important teachings, known as The Four Noble Truths, are essential to understanding the religion. Buddhists embrace the concepts of karma (the law of cause and effect) and reincarnation (the continuous cycle of rebirth). Followers of Buddhism can worship in temples or in their own homes.

It already existed in the Hindu tradition, and the Buddha himself used meditation as a means to enlightenment. Over the centuries Buddhism has evolved many different techniques: for example, mindfulness; loving-kindness and visualization. ... But what Buddhists get from meditation is more than just calm.



Followers of Buddhism don't acknowledge a supreme god or deity. They instead focus on achieving enlightenment—a state of inner peace and wisdom. When followers reach this spiritual echelon, they're said to have experienced nirvana.

The religion's founder, Buddha, is considered an extraordinary man, but not a god. The word Buddha means "enlightened."

The path to enlightenment is attained by utilizing morality, meditation and wisdom. Buddhists often meditate because they believe it helps awaken truth.

INTERESTING FACTS ABOUT BUDDHISM

Avoid killing. The Five Precepts in Buddhism are not commandments, but rather undertakings that you should strive toward. The first precept, which is to abstain from killing living beings, can be applied to all creatures, including humans, animals, and insects.

In positive, this precept means to be kind and to love other creatures. For many Buddhists, this precept also entails a general philosophy of nonviolence, which is why many Buddhist are vegetarian or vegan.[5]

Unlike religions that say you'll be punished if you don't abide by the laws and rules of the religion, Buddhism focuses on the consequences that your actions will have in this life and the next.

Do not steal. The second precept is to abstain from taking things that aren't yours or that aren't given to you.[6] Again, this isn't something you're commanded to do, but rather something you must want to practice. Free will and choice are very important principles in Buddhism.

Ashoka promoted Buddhist expansion by sending monks to surrounding territories to share the teachings of the Buddha. A wave of conversion began, and Buddhism spread not only through India, but also internationally. ... Some scholars believe that many Buddhist practices were simply absorbed into the tolerant Hindu faith.

Buddhism was spread along the Silk Road and other trade routes and had reached China by the time of the Later Han Dynasty. ... The Chinese officials invited the monks to return with them to China's capital, Chang'an, to introduce Buddhism to the emperor.



Questions that you Might Want to Know the Answers to

1. What are the Beliefs?

2. How did they practice their beliefs?

3. How did the belief spread from one place to another?

1. They focus on achieving enlightenment—a state of inner peace and wisdom. When followers reach this spiritual echelon, they're said to have experienced nirvana.

Buddhism encourages its people to avoid self-indulgence but also self-denial. The path to enlightenment is attained by utilizing morality, meditation and wisdom. Buddhists often meditate because they believe it helps awaken truth. Buddhists embrace the concepts of karma (the law of cause and effect) and reincarnation (the continuous cycle of rebirth).

2. The path to enlightenment is attained by utilizing morality, meditation and wisdom. Buddhists often meditate because they believe it helps awaken truth. It already existed in the Hindu tradition, and the Buddha himself used meditation as a means to enlightenment. Over the centuries Buddhism has evolved many different techniques: for example, mindfulness; loving-kindness and visualization. ... But what Buddhists get from meditation is more than just calm.

3. Buddhism is spread along the Silk Road. The Silk Road was a vital route not just for physical goods but ideas as well, and it had a significant impact on the spread of Buddhism through Central Asia. The cradle of Buddhism is to be found in Iron Age India. Buddhism was spread along the Silk Road and other trade routes and had reached China by the time of the Later Han Dynasty. ... The Chinese officials invited the monks to return with them to China's capital, Chang'an, to introduce Buddhism to the emperor. Ashoka promoted Buddhist expansion by sending monks to surrounding territories to share the teachings of the Buddha. A wave of conversion began, and Buddhism spread not only through India, but also internationally. ... Some scholars believe that many Buddhist practices were simply absorbed into the tolerant Hindu faith.



DAOISM

FACTS

Daoists do not believe in a god or pray to one either. They believed in reaching what they call dao which is a path or a way. Karma was a big thing too and you can have good karma or bad karma. Karma is basically cause and effect if you do something bad something bad will happen to you. If you do something good something good will happen to you. They also believe in reincarnation which is being born over and over again until you have reached dao. The last thing that I am going to talk about is that they believe in the after life and if you are bad you go to a really bad after-life.



Questions that you Might Want to Know the Answers to

1. What are the Beliefs?
2. How did they practice their beliefs?
3. How can they use this religion to help them govern?
4. How did the belief spread from one place to another?

1. Daoist's believe in reincarnation and karma, they believe in a start an end, one corresponds to another, yin and yang, they believe that everyone is a blank slate and can choose to be good of bad.
2. They meditate in hopes of reaching Dao, they pray and go to temples to pray and reach Dao, they also do good deeds to not have bad karma.
3. They can use this religion to govern because they need to do good deeds to not have any bad karma and have good karma instead.
4. The belief spread from one place to another could be by family and they can believe in Daoism and the child could move away and spread it to other people like I do for mission trips for my belief {Christianity}



Confucianism Facts

